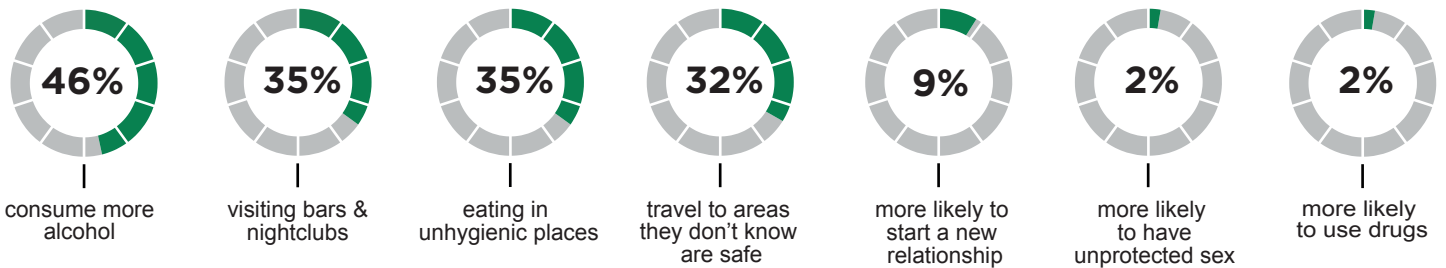


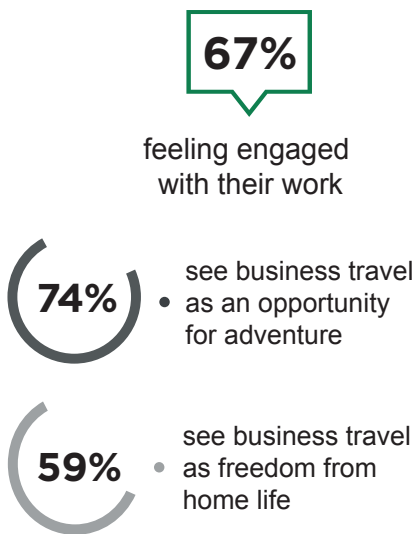
# KEEPING INTERNATIONAL BUSINESS TRAVELLERS HEALTHY, HAPPY AND ENGAGED AT HOME AND AWAY

**34%** of IBTs are more likely to engage in a number of **RISKY BEHAVIOURS** when travelling on business

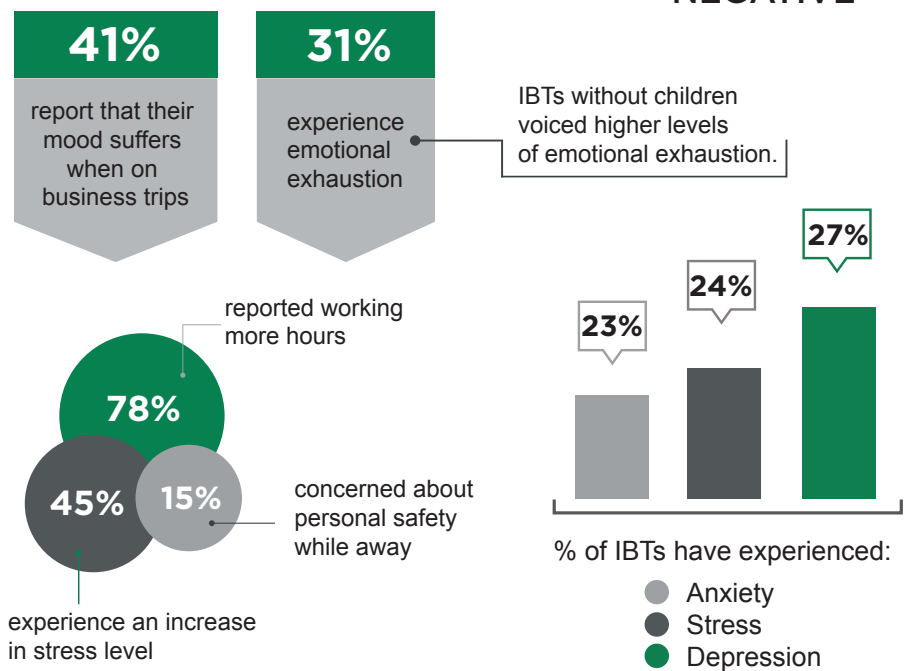


## EMOTIONAL OUTCOMES

### POSITIVE



### NEGATIVE



## PHYSICAL HEALTH IMPACT



## WORK/LIFE BALANCE

